**Life Is Short**

Life is short, though I still hold grudges.

Life is short, and I'm shortening mine

This feeling is draining and I want to forgive,

I know that it's easier said than done.

All I can think about is the inner peace I would feel, releasing this resentment that I have towards her.

But then the thoughts come and I remember all the harm and pain you've caused.

Life is short, and I want to be happy.

I can't break this feeling and the issues it caused.

My health is decreasing and my energies are low.

How can I forgive? When what you´ve done is on repeat in the back of my mind. This grudge isn't yours it is mine. I want to change but I'm still stuck in time.