13 Stages to Life

Stage One: Be yourself. The past doesn’t predict the future. Your life is in your hands.

Stage two: Don't let anyone tell you how to be the best you.

Stage Three: Listen to stage two.

Stage Four: Follow the three L’s

Live.

Laugh.

Love, and stand on it.

Stage Five: After a long night, relax. Take a breather, and make life happy again.

Stage Six: forgive yourself. Don’t dwell on the past.

Stage Seven: Set boundaries. Let them know to never cross you.

Stage Eight: Wish them the best. They leave, they’re gone. Farewell.

Stage Nine: Treat them how they treat you.

Stage Ten: Listen to step eight. Don’t be a sucker.

Stage Eleven: “Keep believing in yourself, Keep in mind your limitations”.

Stage Twelve: Listen to stage one. Make amends and build an emotional wall. To stop the disturbance.

Last, but not least. Listen to yourself, you can hold yourself accountable, and make things right before it’s too late.